

Hudson Arts & Science Primary School

October 2017
Breakfast Menu

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast

\$1.90

Adult Breakfast

\$2.50

Reduced Breakfast

\$0.30

take time for
**school
BREAKFAST**



Cook Up your own Recipe for Success during National School Lunch Week!



This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners

company-wide.

Each winner will receive a gift basket and gift card.

Each winner's recipe creation will be featured on the January Menu!



Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	3 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	4 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	5 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	6 Mini Pancakes or Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
9 School Closed	10 School Closed	11 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	12 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	13 Bagel with Cream Cheese or Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
16 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	17 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	18 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	19 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	20 Mini Pancakes or Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
23 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	24 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	25 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	26 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	27 Bagel with Cream Cheese or Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
30 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	31 HALLOWEEN Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection			

MENU SUBJECT
TO CHANGE

Connect with us!

Please Visit: www.maschiofood.com

Maschio's
Food Services, Inc.
"This institution is an equal opportunity provider"