



Hudson Arts & Science Elementary & Middle

August/September 2017
Breakfast Menu

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!



Student Breakfast

\$1.90

Adult Breakfast

\$2.50

Reduced Breakfast

\$0.30

Nutrition News:

Farm Fresh Produce will be available from September 25th through the 29th. Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria. Local fruits and vegetables are in season and taste great!

Monday	Tuesday	Wednesday	Thursday	Friday
28 Welcome Back! Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	29 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	30 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	31 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	1 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
4 Labor Day School Closed	5 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	6 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	7 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	8 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
11 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	12 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	13 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	14 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	15 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
18 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	19 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	20 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	21 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	22 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
25 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	26 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	27 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	28 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	29 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection



Jersey Fresh Farm to School Week

Connect with us!

Please Visit:

www.maschiofood.com



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"